



THE GOOD LAND BOX INVITATIONAL RULES 2026

Roster Notes

- All players must complete waiver to participate in the tournament.
- Players are not allowed to double roster unless communicated with tournament director and approved before the tournament starts. No double roster requests will be approved if existing roster is more than 14 players. Teams found in violation of this rule will be disqualified and deemed a loss. In the event the team in violation loses, the final score will remain. In the event the team in violation wins, score will reflect a 1-0 loss for team in violation.
- Double rostering will only be approved in cases of a player playing UP with an older team. No players will be allowed to play down to fill roster spots.
- Max of 4 double rostered players per team unless granted prior approval
- No double rostering within a division or across programs.

Game Rules

Duration:

- Three, 12 minute periods, 2 minute intermissions. All games are running clock. Exceptions will only be made in situations that involve serious medical attention.
- All games are stopped time in the final minute of third period if goal differential is 2 or less.

Game Clock:

- Game clock will be kept on the scoreboard. Shot clock will be operated by scorekeeping staff.

Format:

- All Divisions: 6v6 (5 field, 1 goalie)

Timeouts:

- One 45 second timeout per team per game. No timeouts inside of 2 minutes remaining in the third period.
- Penalty time stops during timeouts, game clock does not stop during timeouts.



THE GOOD LAND BOX INVITATIONAL RULES 2026

Pool Play/Playoffs:

- All tied games will be decided by a best-of-3 shootout.

Penalty Time:

• **All Divisions:**

- Technical: 2 Minutes
- Personal: 5 Minutes
- Penalty time is kept by score keeper. Penalty time does not begin until play resumes. Penalty time stops during timeouts.
- Penalties will roll over into the next period.

Rule Specifications:

- No goalie wall sticks allowed.
- Goalie Crease Time:
 - 5 seconds to pass or leave crease
- Shot Clock:
 - 30-Second shot clock will reset after each shot on goal, or change of possession.

Goal Differential:

- Faceoffs: After every goal. If a team is down by more than seven (7) goals, that team can elect to start with possession after each goal scored until differential is less than seven.
- Max goal differential per game: 10 goals



THE GOOD LAND BOX INVITATIONAL RULES 2026

Tie Breakers in Pool Play:

1. Points
2. Head to Head
3. Goals Allowed
4. Goal Differential
5. Goals Scored

Tie Breakers Among Division (applicable when bracket is advanced among entire division):

- Points
- Head to Head
- Goals Allowed
- Goal Differential
- Goals Scored
- Pool Place

ALL RULES ARE AT THE DISCRETION OF TOURNAMENT DIRECTOR

USLAXEVENTS.COM



THE GOOD LAND BOX INVITATIONAL RULES 2026

Weather Policy

- US Lax Events has the right to shorten games, finalize games due to future weather, reschedule games, and finish games before inclement weather arrives.
- Every attempt will be made to update cancellations on the Tourney Machine website.
- Once the first whistle has begun there will be no refunds for lost games that result from the weather. Once the first game of the tournament has begun (first whistle rule) no refunds of any kind will be issued.

Refund Policy

- If tournament is cancelled two (2) weeks or longer prior to the scheduled start of the tournament. Full refund less \$25 administration fee.
- If tournament is cancelled between one (1) week and the scheduled start of the tournament. Refund will be 75% of tournament fees paid.
- If team drops out four (4) weeks or before the event starts, a full refund minus \$50 processing fee will be processed.
- If team drops out inside of two weeks of start of event, no refund will be processed. Start time for each event is 7AM.

Conduct Policy

- Only head coaches can address officials.
- Head coaches are responsible for their players, parents, and fans.
- US Lax Events has the right to remove any coach, player, or fan from the tournament.
- Derogatory language, taunting, fighting, or unsportsmanlike behavior will not be tolerated.
- ALL ejections will carry a 1-game suspension. If a player is ejected in their 3rd pool game, the player will have to sit out for their first playoff/consolation game,
- Please instruct your parents not to come to the event HQ. Only coaches and directors should approach the HQ tent for problems.